

THEME : FOODSTORIES

We are hungry for incredible stories starring the food heritage of regions from across the globe!

Each region holds countless fascinating food stories waiting to be told. Local food products, recipes, food producers, chefs, food traditions, food innovations, food techniques and practises, food landscapes or built heritage related to regional gastronomy - to name a few - are all eligible protagonists of your short film.

Eligible topics of the short films include and partnered by institutions that share our values:

REGENERATIVE PATHWAYS

Short films in this category should raise awareness about the advantages of integrating local food, recipes and traditions into tourism offerings for greater environmental, economic and cultural sustainability, especially in rural areas. Submissions from around the world are welcome.



FEEDING THE PLANET

Short films in this category aim to provoke discussion on the origins of our food and the challenge of ensuring healthy food for all. Topics such as biodiversity conservation, local food sourcing, sustainable agriculture, pollinator importance, food waste, and other issues crucial to global food security are encouraged. Submissions from around the world are welcome.



EDUCATING FOR OUR FUTURE

Short films in this category should emphasize culinary and cultural education, promoting responsible production and consumption. Understanding the importance of and fostering pride in local and healthy food options is crucial for the future health and well-being of citizens, as well as for sustainable development. Submissions from around the world are welcome.



ENVIRONMENT AND SUSTAINABILITY

Short films in this category should explore the intersection of food, ecology, seasonability, biodiversity and ethical practices, emphasizing sustainable methods and the impact of our culinary choices on the planet. Submissions from around the world are welcome.



EUROPEAN REGION OF GASTRONOMY*

Short films in this category should convey the gastronomic identity, food, traditions, landscapes, food ways and people, as well as the multiple connections that food generates between them, in one of IGCAT's awarded or candidate European Regions of Gastronomy.



WORLD REGION OF GASTRONOMY*

Short films in this category should convey the gastronomic identity, food, traditions, landscapes, food ways and people, as well as the multiple connections that food generates between them, in one of IGCAT's awarded or candidate World Regions of Gastronomy.



YOUNG CHEF AMBASSADORS*

Short films in this category should highlight an aspiring young chef and their Regions of Gastronomy. We are looking for leaders and ambassadors for the future so their philosophy and values as well as their cooking talents need to shine. *(Aged 18-35)



YOUNG FOOD PRODUCERS*

Short films in this category should highlight young farmers, fishermen and/or food producers in their Regions of Gastronomy. We are looking for leaders and ambassadors for the future so their philosophy and values as well as their talent need to shine. *(Aged 18-35).

CULINARY JOURNEYS

Short films in this category should allow viewers to discover the flavours and traditions of regional cuisines by taking them on an intimate exploration of local culinary landscapes. Submissions from around the world are welcome.

INNOVATION, CREATIVITY AND ENTREPRENEURSHIP

Short films in this category should showcase new creative products, services, experiences and/or entrepreneurship opportunities that are inspired by a region's culinary heritage and culture. They should also encourage young and adult learning and the development of new skillsets to ensure the availability of skilled professionals for the hospitality industries. Submissions from around the world are welcome.



FOOD HERITAGE AND TRADITIONS

Short films in this category should delve into the rich history and time-honored customs of unique culinary practices that have been passed down through generations. Submissions from around the world are welcome.



LINKING URBAN AND RURAL

Short films in this category should focus on re-connecting rural and urban environments in the regions, encouraging a re-valorisation of traditional and indigenous knowledge of food customs and systems to reduce the divide between rural and urban areas, particularly in the fields of food and culture. Submissions from around the world are welcome.



HEALTH AND WELLBEING

Short films in this category should be about promoting healthier lifestyles and sustainable food systems. This includes enhancing consumer knowledge about product ingredients and the nutritional value of local food, promoting cooking skills, engaging citizens in natural farming and outdoor recreation. Submissions from around the world are welcome.



YOUNG DIRECTOR*

Eligible short films in this category may fulfill any of the above-listed category requirements, conveying the best message and displaying excellent technical skills. *(Aged 18-35).
